



**Tropical Foods**  
**Hi Energy Spec Sheet**  
 Effective February 23, 2010

BRAND	ITEM #	PRODUCT DESCRIPTION	CASE PACK	Size (LB)	12 Digit Unit UPC
Tropical	101100	Hi Energy	1	25	0 94184 11014 3

VENDOR		Case Specs	
Tropical Foods 1100 Continental Blvd Charlotte, NC 28273 Corporate Phone: (800) 437-4470 Corporate Fax: (704) 588-3092		www.tropicalfoods.com	
<b>Product Handling</b> DO NOT Double Stack Pallets in Truck Store product in dry, cool conditions below 75°		<b>Case Pack</b>	25 lb bulk
		<b>Net Product Weight</b>	25 lb
<b>Kosher</b> NO <b>Natural</b> NO <b>Organic</b> NO		<b>Case Weight</b>	25.9 lb
		<b>Case Dimensions</b>	15.5" L x 11.5"W x 7.5" H
<b>Allergens</b> Manufactured in a facility that uses peanuts, tree nuts, milk, soy and wheat products. Contains tree nuts.		<b>Unit Dimensions</b>	N/A
		<b>Case Cube</b>	0.774
		<b>Vendor Bill Unit</b>	Case
		<b>Cases per Pallet</b>	60
		<b>Pallet Configuration (Ti X Hi)</b>	10 x 6
		<b>Product Handling</b>	Below 75°
		<b>Shelf Life</b>	180 days

Nutrition Facts	
Serving Size 1/3 Cup (30g) Servings Per Container	
Amount Per Serving	
<b>Calories</b> 110	Calories from Fat 25
% Daily Value*	
<b>Total Fat</b> 3g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 15mg	1%
<b>Total Carbohydrate</b> 20g	7%
Dietary Fiber 2g	8%
Sugars 14g	
<b>Protein</b> 2g	
Vitamin A 4%	• Vitamin C 6%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** Raisins, Turkish Apricots (Apricots, Sulfur Dioxide as a Preservative), Almonds, Date Pieces (Dates, Dextrose Coating), Pineapple (Dried Pineapple, Sugar, Sulfur Dioxide), Papaya (Papaya, Sugar, Sulfur Dioxide, Artificial Color added (FD&C Yellow #6), Brazils, Banana Chips (Bananas, Sugar, Coconut Oil, Natural Banana Flavor), Pecans, Pumpkin Seeds, Cashews, Filberts, Walnuts. Contains Tree Nuts.

