



Tropical Foods
Rise N Shine Spec Sheet
Effective March 9, 2010

BRAND	ITEM #	PRODUCT DESCRIPTION	CASE PACK	Size (LB)	12 Digit Unit UPC
Tropical	102020	Rise N Shine	1	25	0 94184 16504 4

VENDOR		Case Specs	
Tropical Foods 1100 Continental Blvd Charlotte, NC 28273 Corporate Phone: (800) 437-4470 Corporate Fax: (704) 588-3092		www.tropicalfoods.com	
Product Handling DO NOT Double Stack Pallets in Truck Store product in dry, cool conditions below 75°		Case Pack	25 lb bulk
		Net Product Weight	25 lb
Kosher NO Natural NO Organic NO		Case Weight	26.06 lb
		Case Dimensions	15.5" L x 11.5"W x 7.5" H
Allergens Manufactured in a facility that uses peanuts, tree nuts, milk, soy and wheat products. Contains wheat.		Unit Dimensions	N/A
		Case Cube	0.774
		Vendor Bill Unit	Case
		Cases per Pallet	60
		Pallet Configuration (Ti X Hi)	10 x 6
		Product Handling	Below 75°
		Shelf Life	180 days

Nutrition Facts	
Serving Size 1/3 Cup (40g) Servings Per Container	
Amount Per Serving	
Calories 150	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 27g	9%
Dietary Fiber 3g	12%
Sugars 13g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Rolled Oats, Sugar, Wheat Flakes, Honey, Soybean Oil, Wheat Bran, Molasses, Cinnamon Powder, Apples, Sulfur, Non-fat Dry Milk, Cinnamon, Date Pieces, Dextrose, Raisins. Contains Wheat.





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